



NICM JACKA FOUNDATION WORKSHOP SERIES

AN INTRODUCTION TO EATING DISORDERS FOR THE NON-SPECIALIST

including overview and evidence for the role of complementary medicine practices in multi-disciplinary care

A one day workshop presented by leading Australian researchers, Professor Phillipa Hay, School of Medicine, University of Western Sydney, Professor Caroline Smith and Dr Sarah Fogarty from the National Institute of Complementary Medicine, University of Western Sydney.

This workshop will discuss the basic principles of eating disorders and evidence for the use of Complementary Medicine (CM) therapies for eating disorders in the treatment of ancillary symptoms.

- » Identifying and referral of clients with eating disorders in your practice including Eating Disorder First Aid
- » A summary of the evidence base for CMs in the treatment of eating disorders
- » Practical issues in multi-disciplinary care of Eating Disorder patients.

The workshop will involve theory and practical material including case studies, and panel discussion of participants' issues and questions.

Completion of the workshop will develop practitioner awareness and understanding of eating disorders and develop confidence to work with clients who present with eating disorder symptoms in practice.

About the presenters Professor Phillipa Hay is internationally recognised for her work in eating disorders. She has a background as a psychiatrist, she is a Professor and the Chair of Mental Health

at the School of Medicine, University of Western Sydney. Professor Caroline Smith is known for her work examining the evidence base for complementary medicines, she has published on mental health disorders including eating disorders and complementary medicine.

Dr Sarah Fogarty is a researcher, practitioner and clinical trial co-ordinator. Sarah's PhD was on the use of Chinese Medicine for the treatment and understanding of eating disorders. Sarah has an interest in the treatment of eating disorders and translation of research into clinical practice and has published articles in this area.

Date: Sunday 16 November 2014
Registration: 9:45am for a 10:00am start (light refreshments available)
Time: 10am to 4pm
Venue: Pullman Hotel Sydney Olympic Park
Cost: \$220, Early Bird \$180 (closes 12 Oct), Student \$160

- » Light refreshments and lunch will be served
- » Certificate of Attendance will be issued for CPE requirements
- » Cancellations up to two weeks prior to the workshop will be refunded less 20%.

For further information please contact Sarah Fogarty on 02 4620 3290 or Email s.fogarty@uws.edu.au

REGISTRATION FORM:

An introduction to eating disorders for the non-specialist.

Name Contact number

Address

Complementary medicine discipline (if applicable)

Email

iPAY Receipt number Student number

Payment can be made by iPay or credit card.

iPAY instructions

1. Go to <https://ipay.uws.edu.au/intro.asp>
2. You will be presented with a couple of selection options related to parking and workshop selection
 - a. Select 'Eating Disorders for non-specialists'
3. Then scroll down to NICM and follow the on screen instructions to complete the form