



## A significant number of Australian women trying to conceive consult a naturopath.

Naturopaths play an important role in the successful management of women seeking help with fertility, however, little is known about how they manage their care.

Researchers at Western Sydney University's NICM Health Research Institute aim to develop insight into naturopaths' decisions, care and management of women with infertility and diminished ovarian reserve (DOR).

DOR is a condition characterised by a reduced quantity of eggs remaining in the ovaries compared to other women of the same age.

Importantly, this research will inform the development of a naturopathic intervention for investigation in a randomised controlled trial.

This clinical trial has been approved by the Western Sydney University Human Research Ethics Committee (Approval Number H14256).

Photo by Paige Cody on Unsplash



### What's involved?

- If you take part in this research, you will be asked to complete a 20-30 minute online survey (<https://bit.ly/3scWlkn>)

**For more information, please contact NICM Health Research Institute Study Chief Investigator and PhD Candidate, Alison Maunder on email [a.maunder2@westernsydney.edu.au](mailto:a.maunder2@westernsydney.edu.au)**