

POSITION STATEMENT

NICM's research focus

The research focus of NICM is in herbal and nutritional medicine, acupuncture, mind-body practices (such as meditation, yoga, tai chi and others), and lifestyle medicine. NICM does not undertake research in many other complementary and alternative medical clinical practices including chiropractic, osteopathy, homeopathy, Bach flower remedies, and many other healing practices.

NICM recognises that some complementary medicines and practices currently have less scientific evidence to support their use. Where there is less scientific evidence, NICM respects the patient's choice to use medicines and therapies that have a history of traditional use, or are generally considered safe or low risk when used appropriately, in recognition that patient choice is paramount to patient-centred care.