

## POSITION STATEMENT

Safety of complementary medicines and therapies is a priority

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NICM Health Research Institute (NICM) is committed to safe practice of complementary medicine and works with government departments, regulatory agencies and other stakeholders to ensure appropriate oversight and regulation of complementary medicines and therapies and clinical practice.

NICM is supportive of the role of the Therapeutic Goods Administration (TGA) as the key agency regulating quality, safety and efficacy of medicines in Australia, and supports the risk based regulatory approach of the TGA and the TGA's role in ongoing monitoring of safety of all medicines including complementary medicines.

NICM advocates for complementary medicine education for health professionals to increase their capacity to advise patients on the safe use of complementary medicines and therapies and works with government departments and clinical practice groups on the production of clinical practice guidelines for integrative medicine.

For those therapies that are generally considered low-risk, patient choice to use such therapies should be respected, in line with the patient-centred care approach of the Australian healthcare system.