

PROFESSIONAL EDUCATION SEMINAR

CHINESE MEDICINE: EVIDENCE, RESEARCH, PRACTICE

Saturday, 25 June 2016, 9:30AM-4:45PM

Thomas Rachel Moore Conference Centre, Liverpool Hospital

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PROGRAM

40 Category 1 points have been applied for through the RACGP and are pending approval

9:30 – 9:40am

Dr Jennifer Hunter

General medical practitioner and
NICM Senior Research Fellow,
Western Sydney University

Welcome and introductions

Dr Hunter will introduce the purpose and outline of day, and the speakers. She will speak about Chinese medicine as a newly regulated health profession, and introduce the questions of how to best interact with this health profession and the growing scientific evidence base in order to benefit patients.

9:40 – 10:00am

Professor Alan Bensoussan

Director and Professor of Chinese
Medicine, NICM, Western Sydney
University

Dr Carolyn Ee

General medical practitioner and
NICM Postdoctoral Research
Fellow, Western Sydney University

Overview of Chinese Medicine in Australia

Professor Bensoussan and Dr Ee will provide an overview of Chinese medicine, including its cultural context, philosophy and language, concepts on illness, the modalities practiced, the extent of Chinese medicine practice in Australia. They will discuss the potential for integration of Chinese medicine into conventional medical practice, discussing issues of quality, safety and efficacy. They will also discuss information needs with regard to evidence on Chinese medicine effectiveness and efficacy.

10.00 – 10:40am

Professor Wei Wang

Beijing University of Chinese
Medicine

**The integration of Chinese and Western medicine
in public hospitals in China**

Professor Wang will speak on the integration of Chinese and Western Medicine in China. In China, acupuncture and Chinese herbal medicine are fully subsidized by a national health insurance scheme similar to Medicare in Australia. Chinese medicine is used either as a sole treatment or is integrated with Western medicine. Professor Wang will describe this integration, which is unique to China, and provide examples of successful integration of Chinese medicine with Western conventional medicine.

10:40 – 11:00am

Morning tea

Continued overleaf

11:00 – 11:30am	Professor Andrew McLachlan Professor of Pharmacy and Aged Care, the University of Sydney	Herb drug interactions – what to consider? Professor McLachlan will discuss issues around herb-drug interaction, what GP's and health professionals need to know about herb-drug interactions, and safety issues around Chinese herbs as well as regulation and monitoring of herbs in Australia.
11:30 – 12:30pm	Professor Alan Bensoussan Director and Professor of Chinese Medicine, NICM, Western Sydney University Facilitated by: Associate Professor Dennis Chang, Dr Xiaoshu Zhu, Dr Carolyn Ee and Dr Jennifer Hunter.	INTERACTIVE SESSION 1 – workshop stations Evidence based approaches to using Chinese medicine <ul style="list-style-type: none"> • Current state of evidence on Chinese medicine Challenges in Chinese medicine research: acupuncture and Herbs • Assessing evidence of effectiveness • Evaluating clinical trials, systematic reviews and clinical practice guidelines • Making clinical decisions
12:30 – 1:15pm	Lunch and networking	
1:15 – 2:15pm		INTERACTIVE SESSION 2 – workshop stations Groups rotate to the next 1 of 3 stations
2:15 – 3:15pm		INTERACTIVE SESSION 3 – workshop stations Groups rotate to the next 1 of 3 stations
3:15 – 3:30pm	Afternoon tea	
3:30 – 4:00pm	Dr Carolyn Ee General medical practitioner and NICM Postdoctoral Research Fellow, Western Sydney University	INTERACTIVE SESSION 4 Practical issues around integrating Chinese medicine into a consultation: Finding the evidence, finding practitioners, and safety issues
4:00 – 4:40pm	Dr Jennifer Hunter General medical practitioner and NICM Senior Research Fellow, Western Sydney University	INTERACTIVE SESSION 5 Clinical decision making when there is insufficient evidence to make a strong recommendation.
4:40 – 4:45pm	Dr Xiaoshu Zhu Director of Academic Program, Traditional Chinese Medicine and NICM clinical researcher, Western Sydney University	Closing remarks

This seminar is supported by the Australian Government's Department of Foreign Affairs and Trade Australia-China Council, the National Institute of Complementary Medicine, Western Sydney University and Beijing University of Chinese Medicine.